

# THE LOOP

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St. James' Anglican Church Newsletter

May / June

## Message From Your Rector



This past March, I was privileged and honoured to join women from around the world as we gathered at the UN headquarters in New York City to discuss the theme of *Women's economic empowerment in the changing world of work*. The CSW is instrumental in promoting women's rights, documenting the reality of women's lives throughout the world, and shaping global standards on gender equality and the empowerment of women. Throughout the commission I attended a variety of sessions, which spoke to the theme through topics such as domestic abuse, gender based violence, human trafficking, the rights of indigenous women, the role of faith and many

others. Each day began with morning prayer where various denominations and religious groups took turns leading the service. Each day began with morning prayer where various denominations and religious groups took turns leading the service. Each day we focused on the empowering example of women in the bible. The schedule of events was busy and intellectually, emotionally and spiritually exhausting but with the centering of morning prayer I was able to navigate my way through the day.

I was proud to connect with the delegation of the Anglican Communion. The group comprised of 25 women from around the world who helped me to understand the Anglican presence in countries such as Pakistan, Scotland, Australia, just to name a few. The stories that were shared were both heart breaking and hopeful as we listened to the reality to which each woman brought with her and together seek ways to empower each other and women and girls around the world.

This experience has certainly broadened my awareness of gender based issues and given me hope that we can make a difference. Together as children of God we can strive for a world where the dignity of every human being is respected. Over the next several months I will be making presentations and writing articles on this experience, so please stay tuned.

In the words of a friend and fellow Canadian delegate to the CSW Laura Marie Piotrowicz: "May we rise to the challenge. May we overcome our tiredness, our lethargy, our apathy. May we recognize that an injustice to any one of our society is a detriment to us all. May we live our baptismal vows to respect the dignity of all and to seek Christ in everyone - regardless of gender or race or language or nation. May we become the generation who will make gender injustice a thing of the past. Sisters: brothers: we have work to do!" - - *Rev'd Meghan*

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# THE BRITISH INVASION TRIBUTE SHOW - Saturday April 22nd



Once again our Tribute Show was a huge success and we received many compliments from our loyal following of attendees. The music was sensational and of course the catering provided by Julie Cook's team from "Eat Your Heart Out" was delicious. Thanks to all our Tribute Show team members for the assistance with the set up in the hall the day before and for the clean-up afterwards.



Additional photos from the evening will be on view in a couple of weeks on our church website.



## The Road of Life

At first, I saw God as my observer,  
my judge,  
keeping track of the things I did wrong,  
so as to know whether I merited heaven  
or hell when I die.

He was out there sort of like a president.  
I recognized His picture when I saw it,  
but I really didn't know Him.

But later on  
when I met Christ,  
it seemed as though life was rather like a bike ride,  
but it was a tandem bike,  
and I noticed that Christ  
was in the back helping me pedal.

I don't know just when it was  
that He suggested we change places,  
but life has not been the same since.

When I had control,  
I knew the way.  
It was rather boring,  
but predictable . . .  
It was the shortest distance between two points.

But when He took the lead,  
He knew delightful long cuts,  
up mountains,  
and through rocky places  
at breakneck speeds,  
it was all I could do to hang on!  
Even though it looked like madness,  
He said, "Pedal!"

I worried and was anxious  
and asked,  
"Where are you taking me?"  
He laughed and didn't answer,  
and I started to learn to trust.

I forgot my boring life  
and entered into the adventure.  
And when I'd say, "I'm scared,"  
He'd lean back and touch my hand.

He took me to people with gifts that I needed,  
gifts of healing,  
acceptance  
and joy.  
They gave me gifts to take on my journey,  
my Lord's and mine.

And we were off again.  
He said, "Give the gifts away;  
they're extra baggage, too much weight."  
So I did,  
to the people we met,  
and I found that in giving I received,  
and still our burden was light.

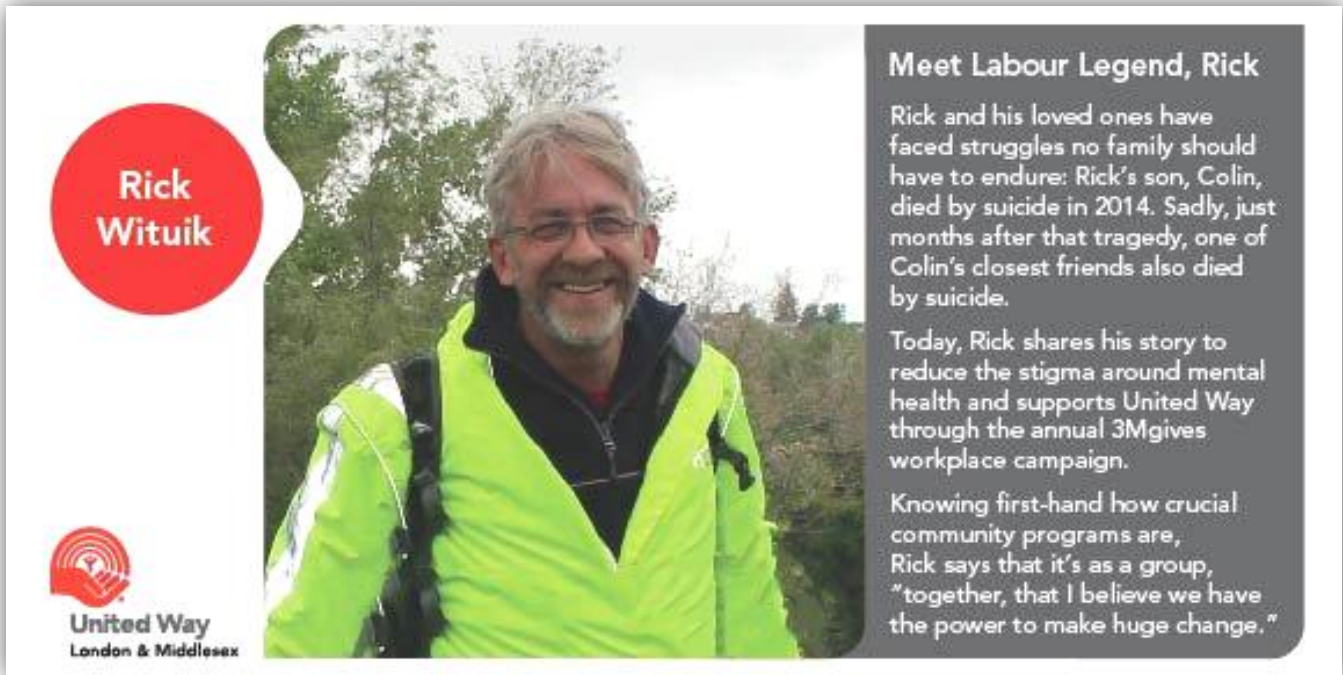
I did not trust Him,  
at first,  
in control of my life.  
I thought He'd wreck it;  
but He knows bike secrets,  
knows how to make it bend to take sharp  
corners,  
knows how to jump to clear high rocks,  
knows how to fly to shorten scary passages.

And I am learning to shut up  
and pedal  
in the strangest places,  
and I'm beginning to enjoy the view  
and the cool breeze on my face  
with my delightful constant companion, Jesus  
Christ.

And when I'm sure I just can't do anymore,  
He just smiles and says . . . "Pedal."

-- author unknown

**Submitted by Inez Fishwick**



**Meet Labour Legend, Rick**

Rick and his loved ones have faced struggles no family should have to endure: Rick's son, Colin, died by suicide in 2014. Sadly, just months after that tragedy, one of Colin's closest friends also died by suicide.

Today, Rick shares his story to reduce the stigma around mental health and supports United Way through the annual 3Mgives workplace campaign.

Knowing first-hand how crucial community programs are, Rick says that it's as a group, "together, that I believe we have the power to make huge change."

Recently, the BAC were fortunate to have a guest speaker at one of its breakfast meetings, Rick Wituik shared his story of his solo bike ride across western Canada and part of Ontario. He shared with his audience the focus and reason for his incredible trip and he has been kind enough to share his story with those of us who were unable to attend the meeting. Rick is a strong advocate for many charities and organizations, in particular CMHA (Canadian Mental Health Association) and United Way. He was honored in January of 2017 at the Labour Appreciation Awards in London.



Rick's speech from the Men's Breakfast will be emailed out as a separate document along with this newsletter. It will also be made available on our church web site in the near future. Hard copies of the speech may also be picked up at the Church Office for those who do not have computer access. Thanks, Rick for sharing this important message with us.





### **Nursing Home & Retirement Home Services**

– Our next Outreach service will be on **Sunday, June 25th**. We begin at 1:30pm at Woodingford Lodge, 2:15pm at Oxford Manor and 3:00pm at Secord Trails. Each service is 1/2 hr. in length. Volunteers are needed to help distribute song books to the residents.

### **Sunday School News -**

The final Sunday for Sunday School prior to the summer holidays is **June 25th**. Thanks to all our volunteers under Norah Rayfield's leadership for all the classes you helped to teach this year. The children are very lucky to have such a great team of dedicated volunteers.



### **Recent Happenings**

**Baptisms** - Lennox James Fitzmaurice  
Geneva Rose Wilkins

**Deaths** - Aulis Koslonen, Joan Houghton,  
Patricia Kirby, Margaret Todd,  
William George Frizelle

### **Anglican Church Women Meeting Schedule**

**May – Tuesday the 2nd** in the Parish Hall at 10:30 am

**June – Tuesday the 6th** in the Parish Hall at 10:30 am

**All women of the parish are encouraged and invited to attend any of the ACW events and meetings.**

Congratulations to the ACW for the very successful St. George's Day Tea that the organization hosted after church on April 23rd!

## **BAC NEWS**

### **Upcoming Communion Services and**

### **BAC Breakfast Schedule**

#### **Sunday May 8th : Mother's Day Celebration**

8 AM Morning Communion Service

8:35 AM – BAC Breakfast Meeting



Our annual "Salute to Mothers" breakfast will be held and we invite all mothers of the parish to attend.

**There will be no BAC breakfast meeting in June.**

**The BAC Barbecue** will be held on **Friday June 9th**. at 5:30 pm. Contact Randy Naisbitt for details. All members are welcome to attend.



### **Big Brothers, Big Sisters' Bowling**

Once again the BAC is supporting the "Bowl for Kids" campaign. They have some bowlers ready to lace up their shoes again. However, speak to Randy Naisbitt (519-485- 5264) if you haven't got your sponsor form yet and wish to participate. The annual "Bowl for Kids Sake" event is on Friday May 5th in the evening at Ingersoll Lanes.

If you are unable to bowl but wish to sponsor a bowler from St. James', Randy will be able to accept your pledge and donation.



## Christian Education 101: A Child Learns to Trust by Laurie Hays Coffman <><

My mom is my shepherd; I shall not want. She makes me lie down under cool, downy comforts. She watches me play beside still waters. She restores my soul.

She leads me in paths of respect, responsibility, and goodness, for I am her namesake!

Yea, even though I walk past monsters in the dark, I will not be a scared, because my mom is always near me. Her hands and her voice, they comfort me.

Mama sets the table and cheerfully calls me to dinner even in front of big, mean bullies.

She anoints my skinned knees and broken heart with kisses. She smiles and throws me a towel when my cup runneth over.

Surely God's peace, power, and mercy shall uphold me all the days of my life, for my Mother taught me to dwell in the house of God forever.

**Thanks to Inez for submitting this lovely selection!**



As in the past, we will be co-hosting our Vacation Bible School with First Baptist Church. Details are being finalized now between the two church administrations. The date for this year's VBS is **July 10th to the 14th** each morning.

Registration will be available through the church offices as we move closer to this date.



On behalf of myself and the whole Messy Church family, I would like to thank all the volunteers for their efforts in making Messy Church 2017 such a great year. We had a lot of fun with the crafts, games, songs and skits, and our dinners were exceptional. Thank you so much and we can't wait for another exciting year of Messy Church to begin in the fall. Over the next several months we will be taking some time to evaluate the program and find new and exciting ways to explore our faith. Thank you and God Bless. - *Rev'd Meghan*



# 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 <b>10:30 am</b> Women of the Anglican Church Meeting <b>1:30 pm</b> – Needlecraft Group	3 <b>10:00 am</b> - Eucharist  <b>11:00 am</b> – Lunch Bunch	4	5 <b>7:30 pm</b> Bowling  	6
7 <b>Easter 4</b> <b>10:30 am</b> – Holy Eucharist and Sunday School	8 <b>1:30 pm</b> – Healing Study & Prayer Group at Oxford Manor	9 <b>1:30 pm</b> – Needlecraft Group	10 <b>10:00 am</b> – Eucharist <b>11:00 am</b> – Lunch Bunch <b>11:00 am</b> - Service at Woodingford Lodge <b>1:30 pm</b> – Oxford Manor Bible Study & Eucharist <b>3:00 pm</b> – Service at Secord Trails	11	12	13
14 <b>Easter 5</b> <b>8:00 am</b> – Holy Eucharist followed By BAC Breakfast <b>10:30 am</b> - Holy Eucharist and Sunday School <b>Mother's Day</b>	15	16 <b>1:30 pm</b> – Needlecraft Group	17 <b>10:00 am</b> – Eucharist <b>7:00 pm</b> - Synod Preparatory Meeting at Grace Church in Brantford <b>8:00 pm</b> – Soulmates Practice	18	19	20
21 <b>Easter 6</b> <b>10:30 am</b> – Morning Prayer and Sunday School with The Soulmates Pot Luck Lunch	22 <b>Victoria Day Holiday</b>	23 <b>1:30 pm</b> – Needlecraft Group	24 <b>10:00 am</b> – Eucharist  <b>11:00 am</b> – Lunch Bunch	25	26	27
28 <b>Easter 7</b> <b>10:30 am</b> - Holy Eucharist and Sunday School  <b>Synod Begins in London in pm</b>	29 <b>Synod Continues all day followed by dinner</b>	30 <b>1:30 pm</b> – Needlecraft Group  <b>Synod Ends at Non</b>	31 <b>10:00 am</b> – Eucharist  <b>11:00 am</b> – Lunch Bunch * Final Gathering until October			



# June 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
<b>4 Pentecost</b> <b>10:30 am -</b> <b>Holy Eucharist and</b> <b>Sunday School</b>	5	<b>6</b> <b>10:30 am -</b> <b>Women of the</b> <b>Anglican</b> <b>Church</b> <b>Meeting</b> <b>1:30 pm -</b> <b>Needlecraft</b> <b>Group</b>	<b>7</b> <b>10:00 am -</b> <b>Eucharist</b>	8	<b>9</b> <b>5:30 pm</b> <b>BAC BBQ</b> 	10
<b>11</b> <b>Trinity Sunday</b> <b>8:00 am - Holy</b> <b>Eucharist followed</b> <b>By BAC Breakfast</b> <b>10:30 am -</b> <b>Holy Eucharist and</b> <b>Sunday School</b>	<b>12</b> <b>1:30 pm -</b> <b>Healing</b> <b>Study &amp;</b> <b>Prayer</b> <b>Group at</b> <b>Oxford</b> <b>Manor</b>	<b>13</b> <b>1:30 pm -</b> <b>Needlecraft</b> <b>Group</b>	<b>14</b> <b>10:00 am -</b> <b>Eucharist</b> <b>11:00 am -</b> <b>Service at</b> <b>Woodingford</b> <b>Lodge</b> <b>1:30 pm -</b> <b>Oxford</b> <b>Manor Bible</b> <b>Study &amp;</b> <b>Eucharist</b> <b>3:00 pm -</b> <b>Service at</b> <b>Secord Trails</b>	15	16	17
<b>18 Proper 4</b> <b>10:30 am -</b> <b>Holy Eucharist with</b> <b>The Soulmates</b> <b>and Sunday School</b> <b>followed by Parish</b> <b>Picnic &amp; BBQ</b> <b>Father's Day</b>	<b>19</b> <b>7:30 pm -</b> <b>Parish</b> <b>Council</b> <b>Meeting</b>	<b>20</b> <b>1:30 pm -</b> <b>Needlecraft</b> <b>Group</b>	<b>21</b> <b>10:00 am -</b> <b>Eucharist</b>	<b>22</b> <b>Loop Deadline</b> <b>for July and</b> <b>August</b> <b>Loop</b>	23	24
<b>25 Proper 5</b> <b>10:30 am Holy</b> <b>Eucharist and</b> <b>Sunday School</b> <b>1:30 pm - Nursing</b> <b>Home Services -</b> <b>Woodingford,</b> <b>Oxford Manor and</b> <b>Secord Trails</b>	26	<b>27</b> <b>1:30 pm -</b> <b>Needlecraft</b> <b>Group</b>	28	29	30	